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# Colonial Manor Inn

## Bed and Breakfast

### Onancock, Virginia

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*Virginia Green Lodging* is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. *Green Lodging* encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. *Green Lodging* is a non-regulatory program, and participation is completely voluntary and free of charge.

#### Colonial Manor Inn

Colonial Manor Inn is the oldest operating Inn on Virginia's Eastern Shore. The house was built in 1882 and the Inn offers 4500 square feet of guest area on two acres of grounds designated by the National Wildlife Federation as Certified Wildlife Habitat. The Inn offers six guest rooms with private baths. Colonial Manor Inn is committed to environmental excellence and works to minimize environmental impacts whenever possible.



**Green Lodging Activities.** When visiting Colonial Manor Inn, you can expect the following practices:

#### **CORE ACTIVITIES for Green Lodging**

- ☒ **Optional Linen Service.** Sheets and towels are not automatically changed every day during your stay.
  - Train house cleaners on process of optional linen service
  - Purchase water efficient washers and dryers
  - Use non-phosphate, non-toxic, biodegradable laundry detergents
  - Minimize the use of bleach and chlorinated chemicals
  - Use linen service providers that employ "wet" versus "dry" cleaning
- ☒ **Recycling and Waste Reduction.** Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
  - Glass, Aluminum Cans, Plastic, Office Paper, Toner Cartridges, Newspapers, Cardboard, Packing Supplies, Fluorescent Lamps, Batteries, Electronics Equipment
  - Compost excess food waste
  - Track overall waste bills
  - Instruct housekeeping to save and reuse unopened items
  - Eliminate use of Styrofoam
  - Use dishware and glassware to minimize use of disposables
  - Disposable containers made of bio-based, recycled content or compostable material
  - Use non-bleached napkins and coffee filters
  - Provide condiments, cream and sugar in bulk
  - Implement effective food inventory system to minimize waste
  - Purchase locally grown, organic and sustainable-grown produce and other foods
  - Purchase recycled-content paper
  - Encourage suppliers to minimize packaging and other waste materials
  - Purchase from vendors and service providers with a commitment to the environment

- Use two-sided copying and printing and use electronic correspondence and forms
- Use “green” cleaners that are dispensed in bulk
- Purchase durable furniture and equipment and low-VOC carpets and fabrics
- Use reused building materials or those from sustainable sources
- Use latex paint and least toxic materials
- Use preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Effective inventory system and labeling of last-in/first-out
- Minimize use of pesticides and herbicides and use integrated pest management
- Provide non-plastic bags to guests
- Egg laying chickens fed guest leftovers
- Saved a wild beehive
- Directly responsible for organizing a “Green Onancock” task force

☒ **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.

- Track overall water usage and wastewater
- Preventative maintenance of drips and leaks
- High efficiency dishwashers
- Use dry clean up methods over water-based methods
- Effective landscape management plan
- Minimization of impervious areas
- Certified as a Wildlife Habitat and Cardinal Refuge



☒ **Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.

- Track overall energy bills and set a numeric goal to reduce
- Use ceiling fans
- Individual thermostats in each room
- Purchase EnergyStar computers and appliances
- Purchase fuel efficient vehicles

☒ **Green Events Package.** The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

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For more information on **Colonial Manor Inn**, see [www.colonialmanorinn.com](http://www.colonialmanorinn.com) or contact Linda Nicola at [hosts@colonialmanorinn.com](mailto:hosts@colonialmanorinn.com) .

For more information on **Virginia Green Lodging** program, see [www.deq.virginia.gov/p2/lodging](http://www.deq.virginia.gov/p2/lodging).



**Virginia Green Lodging** program is a supporting partner of **Virginia Green**, the Commonwealth’s campaign to encourage environmentally-friendly practices in all aspects of Virginia’s tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

